

Descriptive transcript of *Polyglot at home* video *Shadow Self*

This video is 5.00 minutes long, and while it has a soundtrack there is no spoken language.

0:01-0:15: A black screen. Two pink circles drop down to the centre. The Polyglot Theatre logo and tagline - "Polyglot: Theatre is Child's Play" - is displayed.

0:15-0:25: Polyglot artist Nick is sitting at a desk. He traces an outline of a figure in black marker on white paper.

0:25-0:30: Close up of Nick tracing legs of the figure. The right leg is lifted - the figure is in motion.

0:30-0:35: He traces an outfit on the figure.

0:35-0:40: He traces a raised arm bent at the elbow.

0:40-0:45: He traces a second arm bent downwards.

0:45-0:50: He traces a neck and head.

0:50-1:03: Nick traces hair on the figure. Visible on his desk are tape, two deflated balloons, scissors, pliers, a coat hanger, tape and markers.

1:03-1:10: Nick cuts out a piece of cardboard that contains the figure, to make it easier to cut the outline.

1:10-1:19: Nick carefully cuts out the outline of the figure. The footage speeds up.

1:19-1:25: We see a close up of the figure. They look like they are moving. They have eyes and a drawn smile.

1:25-1:30: A wardrobe door opens. Nick picks out a blue striped dress

1:30-1:35: He throws the dress behind him to keep the silver wire coat hanger



1:35-1:50: Nick uses pliers to cut the hanger. He bends part of the hanger into a straight piece of wire with a small curved end.

1:50-2:00: He attaches the figure to the curved end of the wire with masking tape.

2:00-2:05: He shines a red torch/flashlight at the figure and in front of him

2:05-2:10: Nick attaches the red torch/flashlight to the wire using masking tape, with the light shining on the figure.

2:10-2:15: He continues taping the top and bottom of the torch/flashlight to the wire.

2:15-2:20: He finishes affixing tape to the torch/flashlight. The light illuminates the figure.

2:20-2:30: Nick holds his hand out to see the figure's shadow on his palm.

2:30-2:35: The scene changes to a black alarm clock with '3:38' displayed in blue. It sits on a small table next to a bed.

2:35-2:40: The light fades from day to night. Nick is asleep in bed wearing an eye mask. The clock changes to 9.23.

2:40-2:45: Nick wakes up and stirs.

2:45-2:50: He lifts the eye mask to his forehead, looks around and climbs out of bed.

2:50-2:55: Nick sits on his bed with his feet on the ground and looks around.

2:55-3:00: He picks up the figure, turns on the torch/flashlight, and shines it on the wall behind his pillow. The figure's shadow is cast on the wall in a circle of light.

3:00-3:05: He slowly moves the figure further away from the wall so that the shadow becomes larger.

3:05-3:10: Nick exits his bedroom.

3:10-3:15: He walks down a dark hallway shining the figure on the walls to his left and right.



3:15-3:20: The shadow moves across a white wall. The figure comes into frame – it has a white dress and blue shoes and hat. The figure and shadow move around a remote control on the wall.

3:20-3:25: The figure and shadow move across the floor towards a wall.

3:25-3:35: The shadow moves up the left side of a doorway.

3:35-3:40: The shadow jumps on a power switch.

3:40-3:50: The shadow moves across a long light fitting.

3:50-3:55: The shadow moves towards the top corner of a room.

3:55-4:05: The figure and shadow spin and somersault down a white wall.

4:05-4:15: The shadow lands on a toilet roll holder and moves down the hanging piece of white toilet paper.

4:15-4:20: The shadow somersaults down a white wall.

4:20-4:25: The shadow moves across a skirting board

4:25-4:30: The shadow dances on two pairs of shoes

4:30-4:40: The shadow moves across a teddy bear.

4:40-4:45: The shadow moves across books in a bookshelf.

4:45-4:50: The shadow dances on a round, gold door handle.

4:50-5:00: Nick walks down a hallway in the dark, shining the illuminated figure on the walls.

4:55-5:00: The screen fades to black

End

