

# POLYGLOT THEATRE

Activity sheet | Ages 5 - 12 | 30-60+ minutes

**polyglot**  
*theatre is child's play*

## PAPER PLAY POWER PLANET

Ever wanted to turn your house into another world? Well now you can! With a few simple techniques let us show you how! That is of course after you have asked an adult if it is ok first. Oh, they said yes? Let's go! Just remember these are just a guide to give you a starting point. Experiment and make your own creatures as you go!

## MATERIALS HUNT

1. Newspaper. Gather 1 - 5 full newspapers to start with. The bits without staples are the best.
2. Paper tape (masking tape) works best but sticky tape is fine also. String can be useful too.

TIP: If you are struggling with the tape, cut lots of pieces and hang them from the lip of the table you are working at.

## PAPER PLAY CONSTRUCTION

Let's make an animal together so that you can learn some Paper Play techniques.

SIDE NOTE: As you start making you may feel confident enough to start creating your own crazy creatures. Don't hesitate to have a go on your own. Be brave and original!

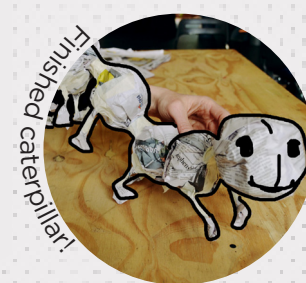
## SNAKE AND BUTTERFLY [EASY]

1. Using one piece of paper, scrunch it all up and then flatten it back out. This will make it easier to move. Roll it up carefully along the long edge. This already makes a great snake. Try moving it with one hand on the head and one on the tail. Now tape the roll with a few bits of sticky so it stays strong.
2. Screw up a small ball of paper (about half a page).
3. Wrap it in another half sheet and pulling all excess to one side and tying it like a fish tail.
4. Tape it together. Open the fish tail and place one end of the rolled paper in it. Close the tail around the long roll (body of the snake) and tape it on. Now your snake has a head! Add a tongue if you like! Hissssssss!



## TURN IT INTO A BUTTERFLY

1. Fold the body of the snake in half, twist and tape.
2. Lay flat one sheet of paper. Gather the middle together. Tape it to the back of the butterfly. Shape the wings by tearing if you like.
3. Transform the snake's tongue into one antennae by twisting. Tear another small piece and twist for the second antennae.
4. Try sticking two sheets of paper together to make extra big wings!



## CATERPILLAR [HARDER]

1. Take a piece of paper and scrunch it into a ball.
2. Grab another piece of paper and wrap the scrunched paper in it and wrap it bringing all of the excess paper together at one point like a fish tail - the same way you did for the head of your snake/butterfly.
3. Squeeze the paper in so that it is firmly over ball and fix with tape.
4. Make six to eight of these of all the same size, and one just wrapped neatly in the paper with no tail.
5. Open the fishtail of one and place another ball in it making sure the tail of the second ball is pointing straight out. Wrap the tail over the ball and tape down flat.
6. Repeat this process for all of the balls and use the ball with no tail last.
7. Rip small pieces of paper approximately 4 cm wide. Twist for legs and tape legs down to each ball. Take your caterpillar for a walk!

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### MAKE A BIRD [CHALLENGING]

#### MAKE THE HEAD

1. Take a piece of paper and scrunch it into a ball, grab another and wrap the scrunched paper in it and wrap it bringing all of the excess paper together at one point like a fish tail like you did for the caterpillar or snake/butterfly.
2. Squeeze the paper in so that it is firmly over ball and fix with tape. Open the fish tail so that the paper is splayed out.

#### MAKE THE BODY

3. Grab two pieces of paper and scrunch them into one ball - larger than the first this time.
4. Wrap these two pieces in a third piece of paper and fix as last time.
5. Join them! Place the round end of the larger ball inside the fishtail and tape those pieces down to the large ball which is the body.
6. Stick the loose bits down to the body.

#### MAKE THE WINGS

7. Take one piece of paper and gather it in the middle, like a butterfly. Stick them to the back of the bird at the gather point.
8. Shape the wings as you like, try doing some feather-like tearing.

#### MAKE THE TAIL

9. Fan one half sheet of paper for the tail by folding along the long edge.
10. Fold it in half and open it out. Stick it to the tail of the bird. You can feather tear this too, if you like.

#### MAKE THE BEAK

11. Tear a corner of the paper around 5cm x5cm fold two edges so they are straight edges. Fold in half to make a triangle with straight edges together.
12. Double-up tape and stick onto the bird's head.

#### MAKING THE LEGS

13. Take one sheet of paper. Tear it in half so that it is one page.
14. Roll up the paper tight and tape down like the snake. Put the legs evenly on the bird then fold the legs where they attach to the body and fold the ankles to bring the feet forward.
15. Tape in place. Splay the paper at the bottom to make webbed feet.



### IMAGINE & CREATE! Your turn!

- » We've covered most of the basic techniques for making creations and a whole world with paper.
- » Now it's your turn to imagine and create.
- » Try some bigger creatures like a turtle or a giant man-eating spider! Take over the world!

**TIP:** If you want larger shapes it is best to scrunch paper and wrap it in one or two pieces like a present or a parcel. Don't be afraid to use lots and lots of tape!

### CAN'T GET ENOUGH? Try this...

- » Try building a world for you and your creatures out of paper. Use some things around you to build on like a chair, a clothes horse or a table.
- » Look around you to see how things can be used in other ways. Build a world for yourself!
- » Elastic bands, string, sheets, sticks, a rake an old tarp a wheelbarrow a tree branch. Wouldn't that be good if we put that sheet over it and held it down with that brick? Yipeeee!
- » The world is yours....secret password please!



Polyglot Theatre's workshop program is proudly sponsored by Lucas Dental Care.

