

EYES SHUT - PART TWO!

COLOUR SPLASH PICTURES

Let's go bonkers with colours and shapes! You can create the most beautiful artworks with a bit of technique and chaos! Try framing your favourite part, or put the whole thing on your wall, cut out shapes from it or use it for the best wrapping paper and cards in the whole world!

This activity works by yourself or with your whole class or family.

MATERIALS HUNT

1. ALL of the pastels and crayons you have.
2. A large piece of brown paper or the wrong side of a roll of old Christmas wrapping paper. The bigger, the better!

TIP: it is best to draw on a hard surface like the kitchen table or a wooden floor. Use some tape to hold it down. Ask a big person in charge first!



Just read these instructions as you go. Do each one for as long as you like but about 20 seconds of each is ok as well. Use your whole body to reach all corners of the paper.

1. Choose a colour.
2. Begin by quickly drawing lots of teeny tiny circles
3. Draw some big circles as far as your arm will reach. Don't worry if you bump into someone. Just take care and keep going.
4. Draw really perfect, really slow circles.

ART EYES: Have a look at the circles and notice the different qualities they have, the fast and small, huge ones and the very perfect ones all have different qualities.

CHANGE POSITIONS.CHANGE COLOUR.

1. Draw long straight lines from one side of the page to the other. You will be drawing over other peoples lines, but don't worry that's what will make it great!
2. Criss-cross those lines with other big long lines. Then do really small criss-cross marks everywhere.

ART EYES: Walk around the paper and look for the shapes you can see made by the clear parts of the paper. You should probably be able to see some squares and triangle and other strange shapes.

SIT DOWN IN A DIFFERENT PLACE.

1. Using any colour you like, spend a few minutes colouring in some of the shapes, staying inside the lines.

CHANGE COLOUR.

2. Using a long flowing line, draw all around the table without taking it off the paper.
3. Leaving your pastel on the paper, draw some zigzags - don't let your pastel leave the paper. Keep your pastel on the paper and try some HUGE zigzag lines. Be careful of everyone's hands! Now do some really small zigzags.

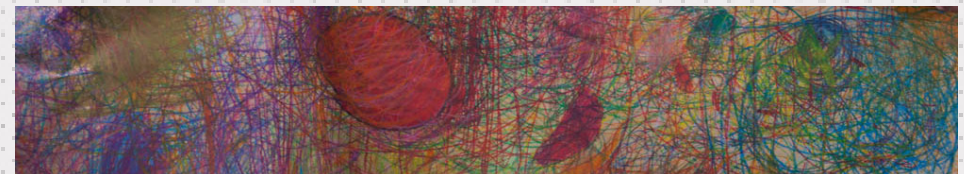
CHANGE COLOUR - EXPLORING FEELINGS.

4. Flick the pastel around making long and short marks.
5. Think about feeling sad. Now draw as you think about this emotion. See how it affects your body and drawing style.
6. Think of a time you have been really, really frustrated. Keep drawing as you think about this emotion.
7. Let's do five seconds of anger. Try not to rip the paper! Go!
8. Now for some happy drawing. Change colour if you like. This can go for a while.

ART EYES: Everyone stand up and walk around the picture to see what has been created.

TO FINISH

9. Using any colours you like, fill in the whole piece of paper with patterns and colour. Don't plan too much, just relax and draw.
10. HUZZAH! What a great job. What will you decide to do with it now?



Polyglot Theatre's workshop program is proudly sponsored by Lucas Dental Care.

