

EYES SHUT

You may know more than you think about drawing. There is an old African saying, 'If you can talk you can sing, if you can walk you can dance.' We say if you have a hand, foot or mouth, you can draw!

You don't need to have special skills to be able to make wonderful and exciting creations. Try these activities and surprise yourself! These activities are fun to do by yourself, with a friend or with a whole group of people.

MATERIALS HUNT

1. Paper – Anything will do! Old wrapping paper, cardboard, cereal packets will all do if you don't have some plain paper handy.
2. Coloured oil pastels or textas are best if you have them because they have the brightest colours and they don't break easily or run out like pencils do.

ACTIVITY 1: EYES SHUT CAT

- » First challenge...choose a colour you don't normally use!
1. Texta in hand, close your eyes and think about cats and all of their features, their face, legs, feet, tail.

TIP: If working in pairs or groups, start drawing at the same time and only open your eyes when everyone has finished to present your creations.

2. Keeping your eyes closed, draw a cat as best you can with all of the features you can think of. Whatever you do, keep your eyes shut - it's much more fun!

ART EYES: Open your eyes and look at the artwork. What does your cat look like? Did it turn out the way you expected? Does it make you laugh? Even if it doesn't look like a cat can you still tell what it is?

3. Choose another colour. Think of a new animal to draw. Close your eyes and visualise the animal. Draw. Huzzah!

TIP: Try suggesting some animals for the other person to draw and watch them create! Let them do the same for you.

4. Why don't you try and Elephant, or and Echidna, a Giraffe or a Snail or think of your own favourite creatures.



ACTIVITY 2: EYES SHUT PERSON

- » Ok brave and fearless drawers now it is time for the next big challenge. Find a friend or a photo of someone you like and let's go!
- » I trust you have mastered shutting your eyes tightly and are totally rad at finding the paper in front of you so let's take the next big leap together.
- » Study the face of the person opposite you (or in a photo) for one minute. Take in the shape of their eyes nose and mouth, any jewellery they are wearing and hairstyle. After one minute or when you're ready, close your eyes and begin to draw the person.

TIP: If working in pairs you can look at each other's face and draw at the same time



ACTIVITY 3: EYES OFF THE PAPER

These are lots of fun and can be done drawing anything but let's start by doing a face again.

1. Study the face.
2. Don't take your pen off the page and draw the face using one continuous line. Don't look at the page!

TIP: If working in pairs you can look at each other's face and draw at the same time. Try doing a self-portrait by looking in the mirror as you draw!



ACTIVITY 4: EYES ON THE PAPER

1. Do another one line drawing of the face but this time you can look at the paper and the face.

ART EYES: Gather all three faces. What are the similarities and differences? Which do you like the most? Which was the most fun to draw?

2. Display your artworks for all to see!



CAN'T GET ENOUGH? Download Part Two!



Now you've mastered some of these fun drawing activities, why not try something with all the colours in your pencil or pastel tin? Download Part Two of Eyes Shut and have a go at some more exciting drawing activities. They're especially great for a group or your whole family to do together but also lots of fun to do by yourself!

ART EYES: Try putting all your drawings together and create an exhibition! Ask a grown-up for some help to hang your beautiful artworks and invite everyone to have a look.



Polyglot Theatre's workshop program is proudly sponsored by Lucas Dental Care.

